



Latest News


- ❖ The 33rd Annual HDSA Convention will be in Los Angeles this year, June 7-9. Don't miss the opportunity to attend! Visit www.hdsa.org/convention for more information.
- ❖ Do you have gift cards you know you'll never spend and you want to see them go to good use? Donate them to HDSA OC! You get a tax write-off and we'll use them to raise money towards the cause!
- ❖ New Data Suggests Changes to Existing Huntington's Disease Treatment Approach. <http://www.raredr.com/news/>
- ❖ Physical Activity May Help Huntington's Patients, Study Finds. <https://huntingtonsdiseaseneews.com/2018/02/01/>
- ❖ Strict Meal Schedule May Benefit Huntington's Patients, UCLA Mouse Study Suggests. <https://huntingtonsdiseaseneews.com/2018/01/16/>
- ❖ Experimental Huntington's Therapy Shows Promise in a Small Trial. <https://www.scientificamerican.com/>
- ❖ Endurance Training May Delay Muscular Dysfunction in Huntington's Patients, Study Shows. <https://huntingtonsdiseaseneews.com/2018/01/09/>
- ❖ A CRISPR trick in blind mice points the way to possible treatments for inherited diseases. <https://www.statnews.com/2018/02/02/>

Message from the Board:



Bill Hageman has a Solara 3G Tilt In Space chair with a telescopic head rest to donate to someone who has a financial and medical need. It has recently been refurbished and is ready to go to someone who really needs it. Please contact Bill directly at Hageman.bh@gmail.com.

*Help for Today,
Hope for Tomorrow.*

 **HD Trialfinder** Get involved
with clinical trials! Hope for tomorrow
begins with your involvement today!

[Click Here!](#)



Do you shop on Amazon? Shop Amazon Smile instead, and select **HDSA Orange County** as your charity. It's the same as Amazon, and helps us for free!

Upcoming Support Groups:

- Feb. 11th 6:00-8:00pm
- Mar. 11th 6:00-8:00pm
- Apr. 8th, 6:00-8:00pm



We meet at Irvine Presbyterian Church,
4445 Alton Pkwy, Irvine

Upcoming Events!

➤ Black Panther Private Screening
Only \$6 on opening weekend in a half-full theater!

Saturday, Feb. 17th at 8:30am at the
Starlight Cinema in **Costa Mesa**.

Tickets are pre-sale only so don't delay or you'll miss out!

Email: Starlight4HD@gmail.com or call
949-299-8303

➤ BJ's Restaurant and Brewery

Come join us for dinner on **Thursday, Feb 22nd** from **6:00-9:00pm** at **BJ's Restaurant and Brewery, 13130 Jamboree Road in Irvine**. Great food and proceeds go towards the cause! Make sure to print the flyer off our website!

HDSA OC 2018 Events

Our schedule is decided! Make sure to circle these dates on your calendar:

- March 24th – Bowl-a-Thon
- May 5th – OC Marathon 5k
- May 12th – Scout 'O Rama
- June 7-9th – National Convention in LA!
- June 18th – Golf Tournament (*date tentative*)
- July 7th – Twilight Fishing
- July 28th – Monkey Mania – Picnic at the Zoo
- August 17th – Overnight Fishing
- September 22nd – Team Hope Walk

See our website and Facebook page for more information on these exciting events as they get closer.

Hope to see you there!!

Next Board Meeting:

TBD, stay tuned!



HDSA Orange County Chapter Board of Directors

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Email us: OrangeCounty@HDSAvolunteer.org

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Need information or support?
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