

Hey Peers: For HDSA Support Meeting Participants

Please use this "How to guide" to learn how to register yourself as a support meeting participant for the Hey Peers platform we use for HDSA Support Meetings. HDSA has been using this platform for a couple of years now, and find it has safeguards that protect not only our participants, but also our facilitators. It also provides reminders for upcoming registered meetings. If you have any questions please contact: Lisa Mooney @ lkjer@hdsa.org

1 Navigate to <https://www.heypeers.com>

2 Click "Register"

Join as Peer Supporter About Benefits Login Register

Create Account

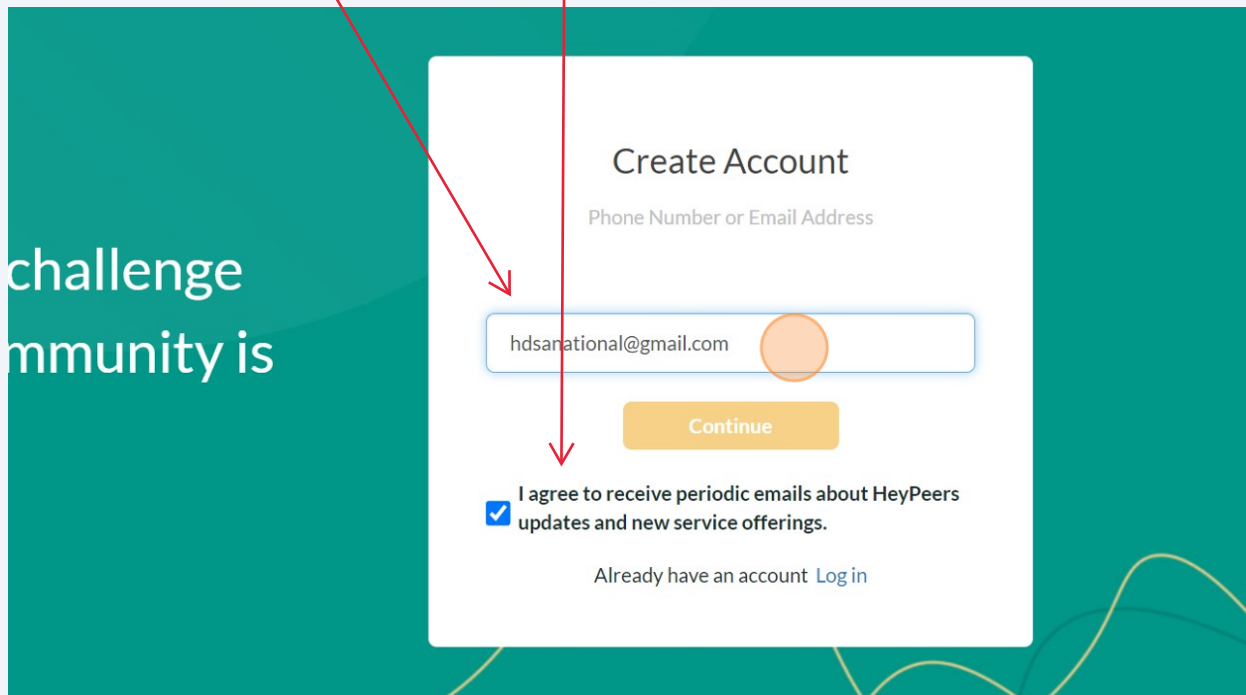
Phone Number or Email Address

Continue

I agree to receive periodic emails about HeyPeers updates and new service offerings.

Already have an account [Log in](#)

3 Enter email address, click "I agree" to receive meeting reminder emails



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Create Account

Phone Number or Email Address

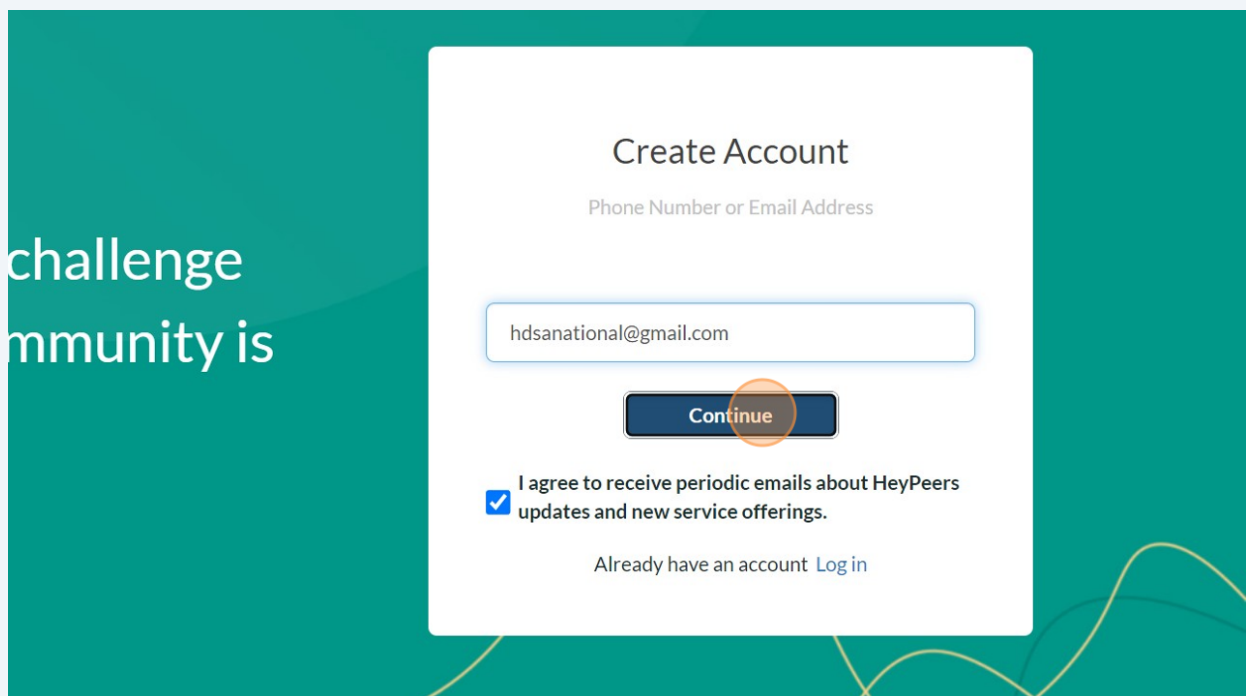
[Continue](#)

I agree to receive periodic emails about HeyPeers updates and new service offerings.

Already have an account [Log in](#)

This screenshot shows the 'Create Account' form with the email address 'hdsanational@gmail.com' entered. A red arrow points from the instruction 'Enter email address' to the input field. Another red arrow points from 'click "I agree"' to the checkbox. The 'Continue' button is highlighted with an orange circle.

4 Click "Continue"



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Create Account

Phone Number or Email Address

[Continue](#)

I agree to receive periodic emails about HeyPeers updates and new service offerings.

Already have an account [Log in](#)

This screenshot shows the 'Create Account' form with the 'Continue' button highlighted by an orange circle, indicating the next step in the process.

5 Enter your first name, Last Name & create a username of your choice. Click "next"

The screenshot shows a registration form titled "Personal Information" with the instruction "Please complete to create your account." The form includes three input fields: "First Name" (with a placeholder "Please enter your first name"), "Last Name" (with a placeholder "Please enter your last name"), and "Username" (with a placeholder "Please enter username of your choice"). A yellow "Next" button is located at the bottom right. A red arrow points from the instruction to the "First Name" input field. The page header contains links for "Join as Peer Supporter", "About", "Benefits", "Login", and "Register".

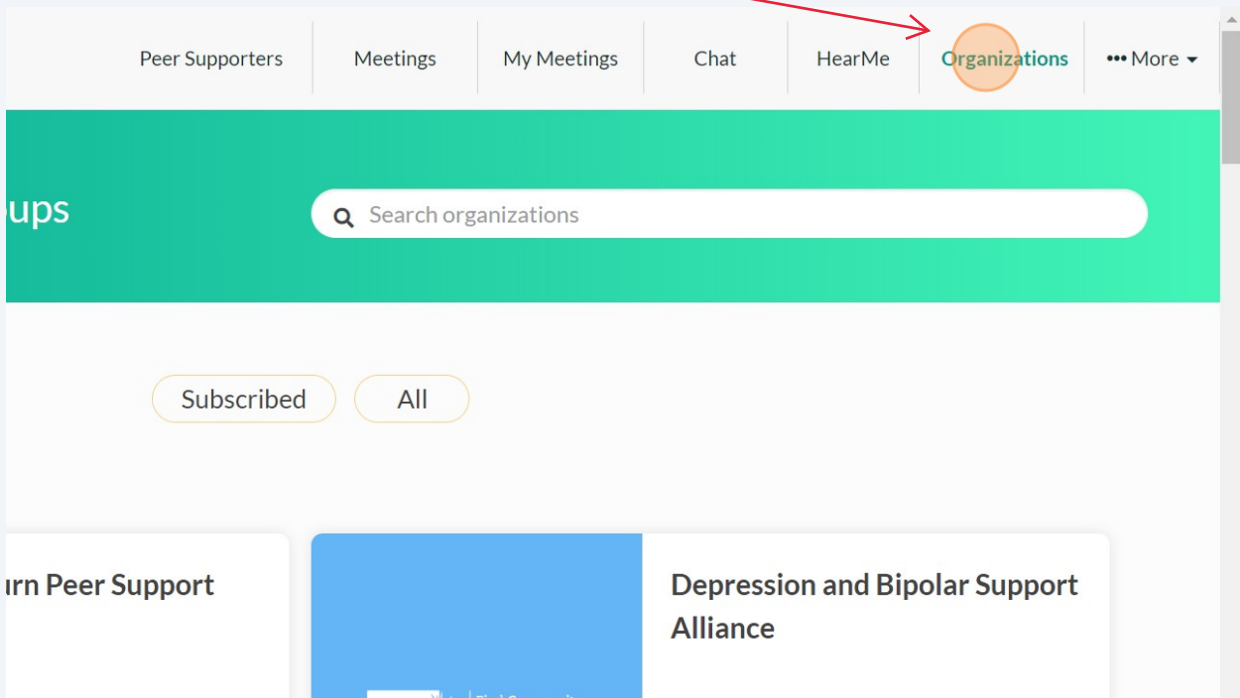
6 Choose a password, meeting the requirements. Click this checkbox. Click "Create my account"

The screenshot shows a registration form titled "Choose a password" with the instruction "Please complete to create your account." It features a password input field with a strength indicator below it, consisting of four green bars. The requirements listed are: 8-20 Characters, At least contain one capital letter, At least contain one number, At least contain one symbol, and Should not use space. Below the requirements is a checkbox labeled "I have read Terms and Conditions". A yellow "Create my account" button is at the bottom right. A red arrow points from the instruction to the checkbox. The page header contains links for "Join as Peer Supporter", "About", "Benefits", "Login", and "Register".

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Click "Organizations"

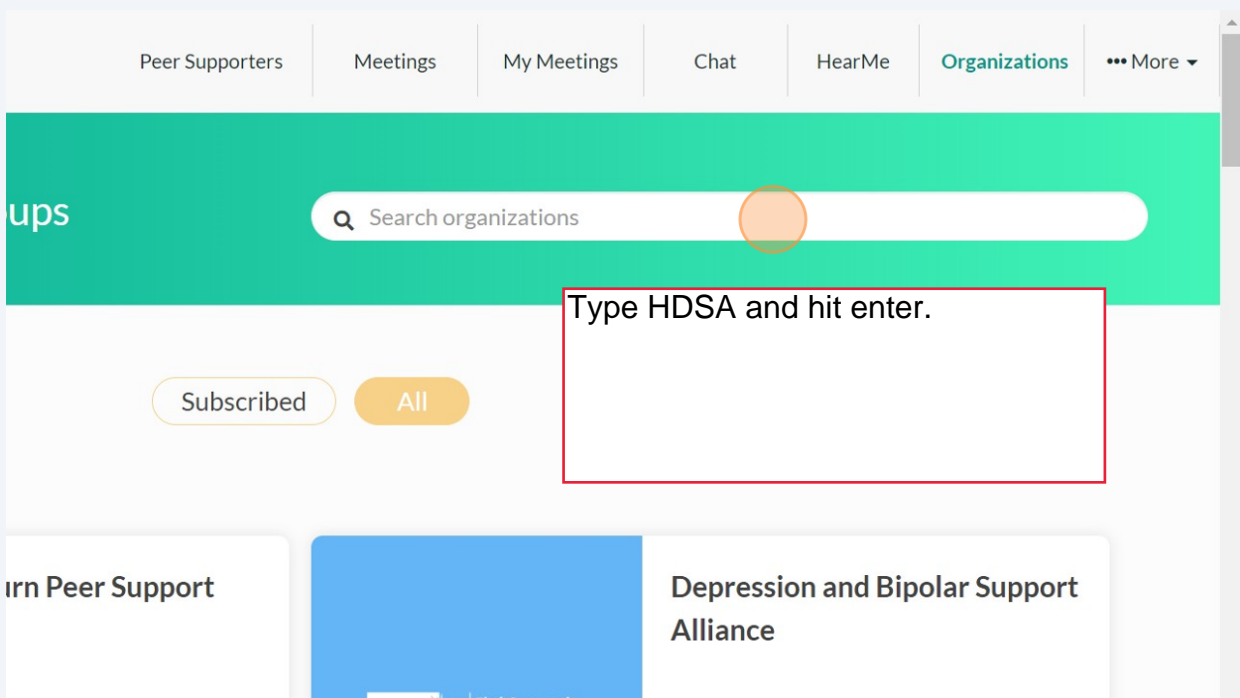
IMPORTANT to do this or you won't find the HD support groups.



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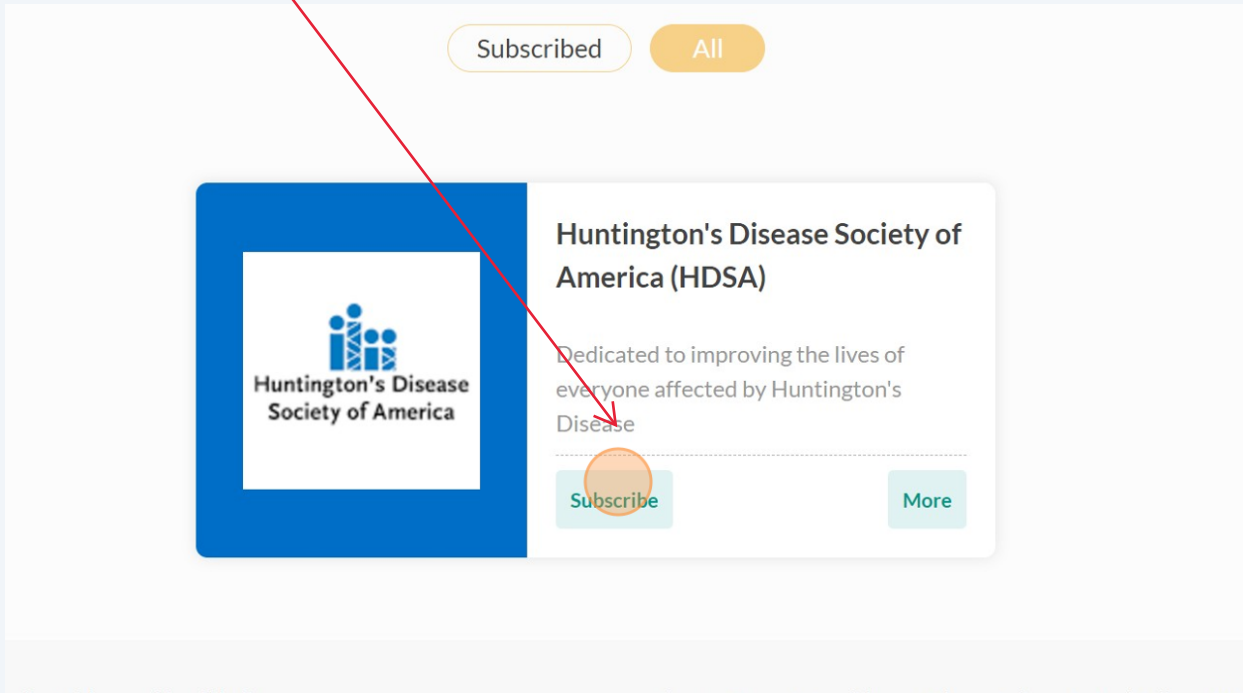
Click the "Search organizations" field.

Type HDSA and hit enter.



9 Type "HDSA **enter**"

10 Click "Subscribe" or "More" to see meeting options to join.




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Enter Information required by red.* This info is gathered, so facilitators have a contact in case of an emergency.

Username*	First name*
<input type="text" value="HDSANational"/>	<input type="text" value="Hdsa"/>
Last name*	Phone*
<input type="text" value="National"/>	<input type="text" value="🇺🇸 +1 516 814 9395"/>
Gender*	Date of Birth (mm/dd/yyyy)*
<input type="text" value="Select a gender"/>	<input type="text" value="mm / dd / yyyy"/>
Emergency contact name*	Emergency contact number*
<input type="text" value="Please enter Emergency contact name"/>	<input type="text" value="🌐"/>
Ethnicity*	Email*
<input type="text" value="Select a race"/>	<input type="text" value="hdsanational@gmail.com"/>

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Click the accurate auto-populated city, state & zip for your location. Please read disclaimer and Click this checkbox. Click "Continue"



Ethnicity*	Email*
<input type="text" value="Other"/>	<input type="text" value="hdsanational@gmail.com"/>

Address

📍 We use Google maps to allow you to quickly select your City, State, Zip Code, and Country. We do not store your

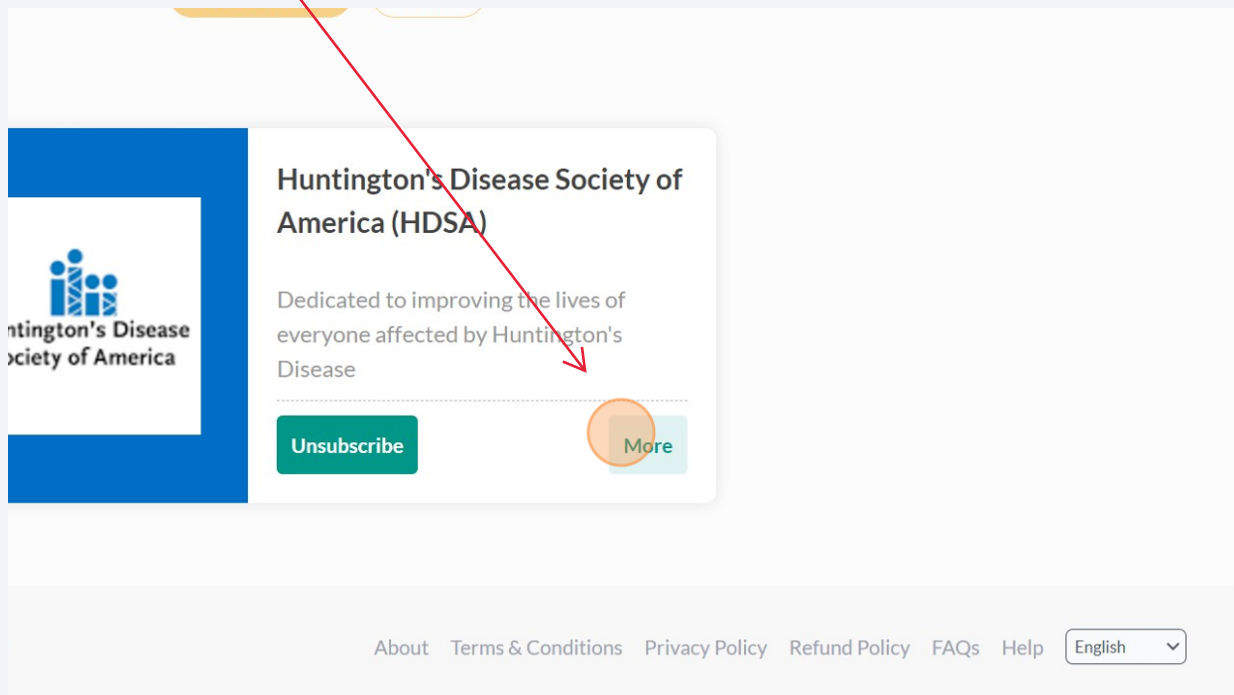
📍 55008 Cambridge, MN, USA

*By checking this box, I acknowledge that Peer Support Solutions virtual support groups are facilitated mental health professionals. As such sessions are intended to provide participants with emotional support with similar lived experiences, but are not a replacement for therapy provided by or professional judge professional.

To register for a meeting. For joining a meeting, log in, go to "my meeting" (those you have registered for should populate), and hit "Join". To find new meetings use the directions below

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To view all HDSA Virtual Support Meetings. Go to Organizations, enter "HDSA," click "More"



14 Click "Calendar" hit Join for any groups you may wish to attend.

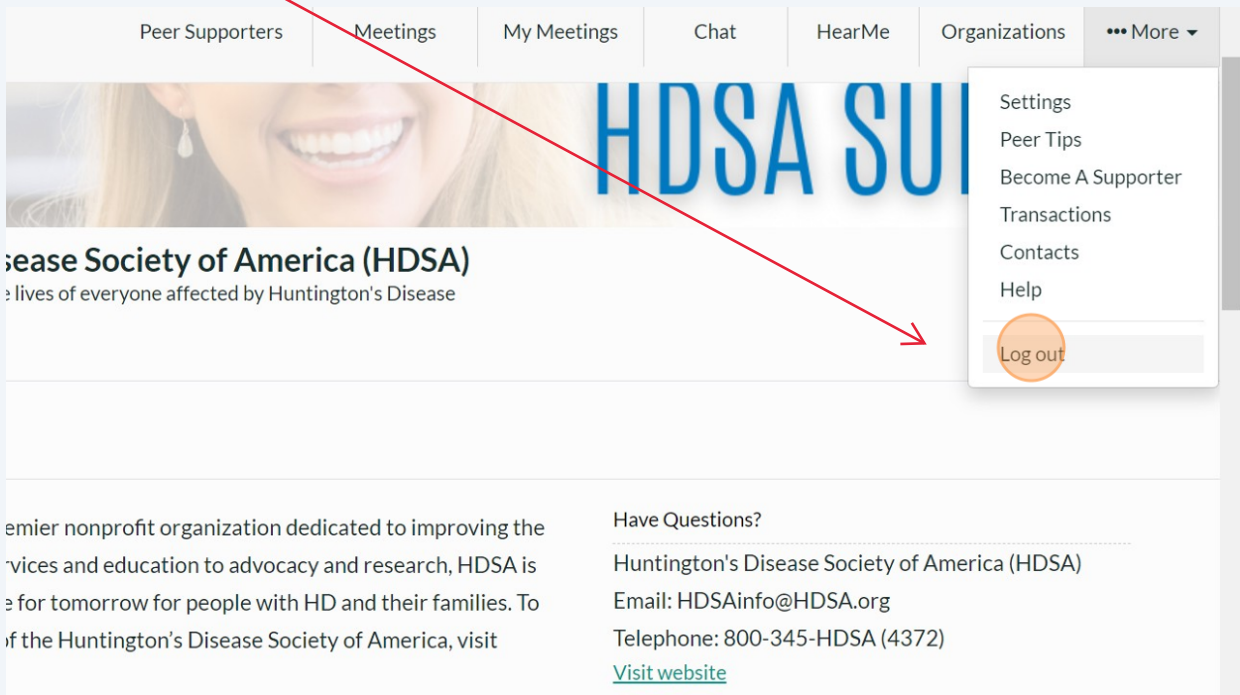
The screenshot shows the HeyPeers website interface. At the top, there is a navigation bar with the HeyPeers logo on the left and three menu items: 'Peer Supporters', 'Meetings', and 'My Meetings'. Below the navigation bar, there is a header area with the text 'www.hdsa.org or call 1(800)345-HDSA.' and a 'Vis' link with a Facebook icon. A red arrow points from the instruction to the 'Calendar' tab in a secondary navigation bar, which is highlighted with an orange circle. Below this, the date 'Monday, October, 23' is displayed. The main content area shows a meeting card for 'HDSA Young Adults Support Group' starting at '06:00 PM EDT'. The card lists the host as 'Brienne H.' and two co-hosts: 'Jessica M.' and 'Maryann E.'. The group name 'HDSA Young Adults Support Group' is also displayed on the right side of the card.

15 Click "My Meetings" to view already registered meetings.

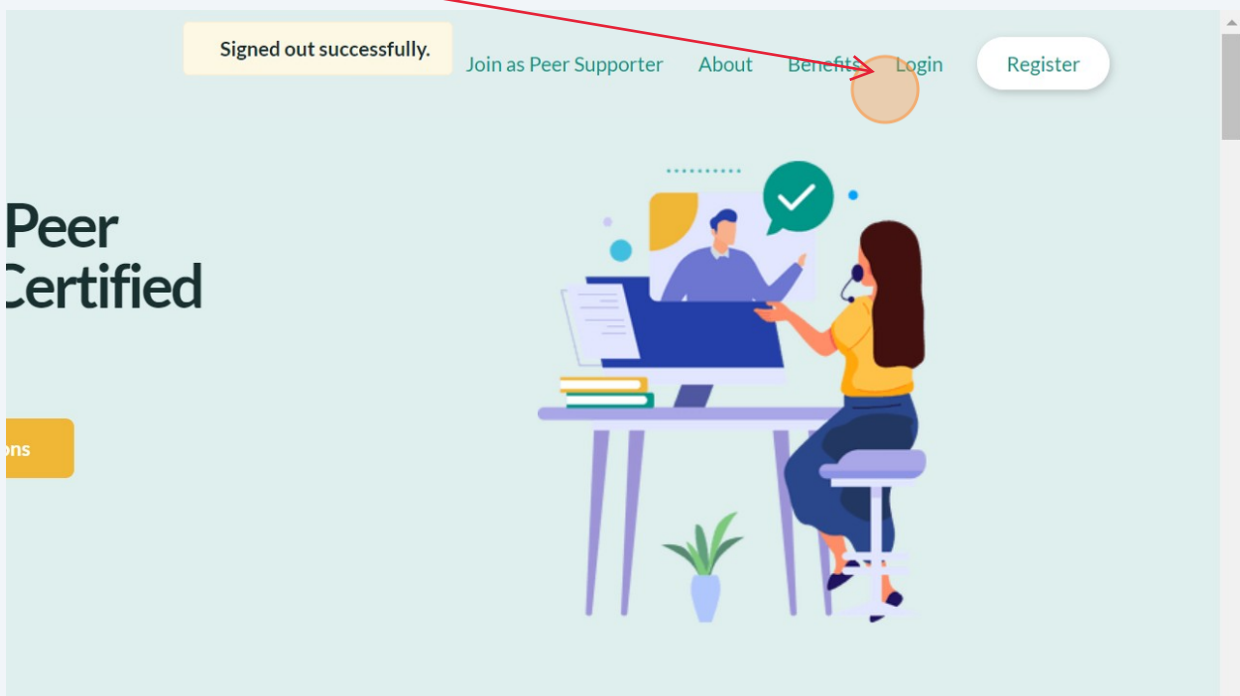
The screenshot shows the HeyPeers website interface with the 'My Meetings' tab selected in the navigation bar, highlighted with an orange circle. The main content area displays information for the 'HDSA Young Adults Support Group'. On the left, there is a partial view of the group's description: 'y services and education to advocacy and research, HDSA is hope for tomorrow for people with HD and their families. To ork of the Huntington's Disease Society of America, visit'. On the right, there is contact information for the 'Huntington's Disease Society of America (HDSA)': 'Email: HDSAinfo@HDSA.org' and 'Telephone: 800-345-HDSA (4372)'. Below the contact information, there is a 'Visit website' link and social media icons for Facebook, Twitter, and LinkedIn. At the bottom right, there is a calendar for 'October 2023' with a grid showing dates from 1 to 15. The dates 1, 7, 8, 14, and 15 are highlighted in red.

MON	TUE	WED	THU	FRI	SAT	SUN
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15

16 Click "Log out" when done



17 Click "Login" to enter from www.heypeers.com



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Once logged out, when logging in: use username & password. Use "remember me" for ease.

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Welcome to HeyPeers

Log in to access your account

Email or phone number
jmarsolek@hdsa.org

Password
.....

Remember me [Forgot Password](#)

[Login](#) [Register](#)

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Click "View all your upcoming meetings"

Afternoon Jessica !

Meetings

- g Adults Support Group
Monday, October 23
- giver Support Group
Monday, October 24

[View all your upcoming meetings](#)

Chats (0 of 0)

You have not joined any chatrooms yet.

[Join new chatrooms](#)